**Course description (general description)**

**Course title: Introduction to Analytical/Dynamic Psychotherapy- 2**

**Course code: PSYM21-MO-INTV-103**

**Head of the course: Schmelowszky Ágoston**

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| **Aim of the course** |

**Aim of the course:** Introducing the most important theoretical and technical concept of psychoanalysis, psychodynamic psychotherapy and analytical (Jungian) psychology.

**Learning outcome, competences**

knowledge:

* concepts
* principles
* attitudes

attitude:

* attentive
* cooperative

skills:

* critical thinking
* Creativity

autonomy, responsibility:

* Students are able to apply the acquired knowledge on their own, in accordance with the ethical guidelines of psychology, but only for purposes corresponding to their level of competence.

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| **Content of the course** |

**Topic of the course**

* Theoretical and technical concepts and principles of standard psychoanalysis and the psychodynamic spectrum
* Theoretical and technical concepts and principles of the analytical (Jungian) psychology

**Learning activities, learning methods**

* Text reading and discussions in group
* Preparing the assignments
* Individual consultations

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| **Evaluation of outcomes** |

**Learning requirements, mode of evaluation and criteria of evaluation:**

* Active participation in the calsses and consultations. Preparing the material, following the instructions of the lecturer.
* Preparing a written assignmnet by the end of the semester about a chosen topic. (12 pages,12 font size, 1.5 line spacing, min. 5 references)

Mode of evaluation:

* 5-point grading scale

Criteria of evaluation:

* Understanding the concepts and principles.
* Critical thinking.
* Creativity.

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| **Reading list** |

**Compulsory reading list**

* Pine F. (1990). Drive, Ego, Object, and the Self: A Synthesis for Clinical Work. Basic Books.
* Shamdasani, S. (2003): *Jung and the making of modern psychology.* Cambridge Univ. Press.

**Recommended reading list**

* Kernberg OF (1995). Object-Relations Theory and Clinical Psychoanalysis. Jason Aronson.
* Jacobi J (1973) The Psychology of CG Jung. Yale Univ. Press.

**Course-specific information (specific to a given lecture or seminar)**

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| **General data** |

**Specific (sub)title of the course (if relevant):**

**Specific (sub)code of the course (if relevant):**

**Date and place of the course:**

**Name of the lecturer:**

**Department of the lecturer:**

**Email of the lecturer:**

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| **Specific syllabus/schedule of the lecture/seminar (if relevant)** |

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| **Further specific information (eg. requirements) (if relevant)** |

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